



2026 VOSH SAFETY AND HEALTH CONFERENCE AGENDA

SEPT 16TH

10 AM

REGISTRATION AND VENDOR HALL OPENS

12 NOON

CONFERENCE OPENING AND LUNCH

With Commissioner Jim Frederick and Jessica Looman

1:00 - 2:00 PM

KEYNOTE SESSION - THE REAL COST OF SAFETY

With Rich McElhaney

2:10 - 3:10 PM

BREAK-OUT SESSION

- Recycling Woodsy Owl Battery Panel
- Exploring Virginia's Voluntary Protection Programs (VPP)
- The Strategic Professional: Using Enterprise Risk Management to Manage Organizational Risk
- The Hidden Costs of an OSHA Citation

3:10 - 3:20 PM

AFTERNOON BREAK AND SNACKS

3:20 - 4:20 PM

BREAK-OUT SESSION

- Lights Out Manufacturing
- Virginia Risk Control Institute
- Energizing Your Safety Committee
- Overhead and Underground Powerline Safety

SEPT 17th

9:00 - 10:00 AM

BREAK-OUT SESSION

- Workplace Electrical Fatalities: 2011- 2024
- Moral Obligation to Provide Fall Protection
- Journey Toward Safety Excellence: The Roadmap to Success
- Injury Free Mindset

10:00 - 10:10 AM

MORNING BREAK AND SNACKS

10:10 - 11:20 AM

BREAK-OUT SESSION

- Human-Centered Safety Leadership: Building an Injury-Free Workplace Culture
- Virginia Challenge Program "Building Safety Champions"
- When Low Injury Rates Lie Why TRIR is Not Safety Performance
- Now That We Can Do Better - What Are We Waiting For?



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SEPT 17TH

11:20 AM

GENERAL SESSION

With Commissioner Jim Frederick

12:30 PM

LUNCH

1:30 - 2:30 PM

BREAK-OUT SESSION

- The Challenges of a Traditional Safety Trainer and the Need to Adapt to the New Generation of Construction Workers
- National Traffic Incident Management Training
- What's Missing Between Your Safety Program and the Field
- Trench Safety: If You Aren't Compliant, Are You Truly Competent?

2:40 - 3:40 PM

BREAK-OUT SESSION

- From Reactive to Proactive: How AI Can Transform Your Safety Culture
- What Turns You On?
- Fundamentals of Industrial Hygiene for the EHS Manager
- Workers' Compensation: What the Safety Professional Needs to Know

3:40 - 3:50 PM

AFTERNOON BREAK AND SNACKS

3:50 - 4:50 PM

BREAK-OUT SESSION

- (TIM) Traffic Incident Management
- From Reactive to Predictive: Advancing Driver Safety Through Behavioral Intelligence
- Young Minds Leading in Safety: Driving Culture, Innovation, and Accountability
- Understanding Traumatic Brain Injury: The Critical Role of Rotational Motion in Workplace Safety

SEPT 18th

9:00 - 10:00 AM

BREAK-OUT SESSION

- NFFPA 70E - A Practical Guide to Safe Electrical Start-Up
- Fall Protection Basics
- Safety Leadership: Building a Positive Safety Climate and Learning from Complacency
- Is Common Sense and Worker Safety the Same?

10:10 - 11:00 AM

BREAK-OUT SESSION

- Welcome to Thunder Ohm
- Cleared to Work - But Are They Safe? FFD Decisions in MSK Injury, Behavioral Health, and Substance Use for Safety-Sensitive Roles
- Work Zone Safety, PPE, and What it Really Means, and How it Applies to Work Zones
- From Compliance to Commitment: Building A Safety Culture Workers Believe In

11:15 AM

CLOSING SESSION AND RAFFLE PRIZE